

Ladder Safety Month

how can ladders affect us?

here are some stats across the United States:

2,000

injuries each day

364

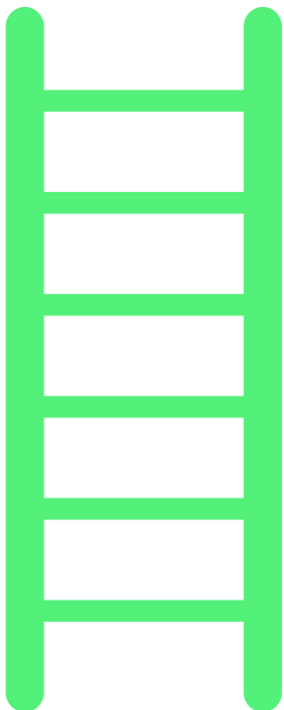
deaths caused from falls each year

6-10 ft.

most common range for falls from ladders

these numbers are important whether at work or at home!

falls from ladders do not only cause harm to us, but they impact our **families, friends,** and **co-workers** too.



the **most common ladder incidents** occur from:

1. **overreaching** on the ladder
2. **missing the last step** when climbing down

prevention tips for common incidents:

- **choosing** the appropriate ladder **size** and **type** (step ladder vs. extension ladder)
- ensure the ladder is **clear from debris** and the **weather** is appropriate for activity
- wear **anti-slip footwear** with good traction